

## CYP trainees working with the Living Memory Association

Hi, I am Debbie Ramsay and I am Debra Smith. We are Trainees on a Get Ready for Work programme at Canongate Youth Project. We have been attending CYP for a few months now. You have to be between 16-18 years old to come to the course. Susie Foster (who is our Tutor) picked us to take part in a group with older people to compare what it was like being young for them with what it's like now.

The Living Memory Association is about elderly people who want to tell us about their past and talk to us about the wars and their lives etc.

We have been interviewing some elderly people from Parkview Care Home, taking pictures and talking to them about their past.

We have enjoyed hearing the elderly people's stories and hearing about what it was like in the past. It has been useful to us because now we know what it was like and how it felt for them being young. It has also helped us with our confidence and getting to meet new people. We are both improving our communication skills and Steve Hamilton (who is a youth literacy worker) is helping with this.

At the end of the project we will produce a poster comparing young people today with how it was in the past. We have both learned so much.

Debbie Ramsay & Debra Smith



Debbie, Kitty and Debra at Parkview Care Home